

# How To See In The Spirit By Michael Van Vlymen

**how to see in the spirit by michael van vlymen** is a question that many believers and spiritual seekers ask as they pursue a deeper connection with the divine realm. Michael Van Vlymen, a well-respected Christian minister and spiritual mentor, has dedicated much of his life to teaching believers how to develop their spiritual senses and see in the spirit. Seeing in the spirit is a profound experience that allows individuals to gain divine insights, receive prophetic revelations, and deepen their relationship with God. In this comprehensive guide, we will explore the principles, practices, and biblical foundations outlined by Michael Van Vlymen on how to see in the spirit, equipping you with practical steps to enhance your spiritual vision.

## Understanding What It Means to See in the Spirit

### Defining Seeing in the Spirit

Seeing in the spirit is the ability to perceive the unseen realm—the spiritual dimension that coexists with our physical world. It involves the ability to receive visions, impressions, or revelations directly from God or angels, often through the Holy Spirit's influence. According to Michael Van Vlymen, this spiritual sight is not limited to a select few but is available to all believers who seek it earnestly and develop their spiritual senses.

### Biblical Foundations of Seeing in the Spirit

Many biblical characters experienced seeing in the spirit, providing biblical validation for this spiritual gift:

1. **Saul's vision of Jesus on the road to Damascus (Acts 9:3-9):** Saul's encounter with Jesus was a divine revelation that transformed his life.
2. **Elijah's vision of chariots of fire (2 Kings 6:17):** The prophet saw the spiritual realm surrounding him, giving him supernatural insight.
3. **John's visions in Revelation (Revelation 1):** The Apostle John was given detailed visions of future events and heavenly realities.

These examples highlight that seeing in the spirit is an integral part of biblical spirituality.

## Principles for Developing Spiritual Sight

### 1. Cultivate a Strong Relationship with the Holy Spirit

The Holy Spirit is the primary facilitator for seeing in the spirit. Developing intimacy with Him is crucial:

1. Spend consistent time in prayer and worship.
2. Ask the Holy Spirit to open your spiritual eyes.
3. Practice listening to His promptings and guidance daily.

### 2. Engage in Regular Bible Study

The Word of God is the foundation for spiritual discernment. As you meditate on Scripture, your spiritual senses are sharpened:

1. Read with an expectant heart for divine revelations.
2. Memorize verses related to spiritual sight and revelation.

### 3. Practice Spiritual Discernment and Sensitivity

Learning to distinguish between the voice of God, your thoughts, and other spirits is essential:

1. Develop a habit of quietness and stillness to hear God's voice clearly.
2. Keep a spiritual journal to record impressions and visions.

## Practical Steps to See in the Spirit

### 1. Prepare Your Environment

Creating a conducive environment enhances your ability to focus spiritually:

1. Find a quiet, distraction-free space.
2. Use worship music or instrumental sounds to set an atmosphere of reverence.
3. Maintain cleanliness and orderliness to foster peace.

### 2. Pray for Spiritual Eyes to Be Opened

Begin with intentional prayer:

1. Pray in the Spirit, asking the Holy Spirit to anoint your eyes to see spiritually.
2. Declare scriptures such as Revelation 3:18, asking Jesus to open your eyes.

### 3. Use Visualization and Focus Techniques

Concentration and focus are vital:

1. Close your eyes and imagine yourself in a divine encounter.
2. Visualize the biblical stories of divine visions and ask to experience similar revelations.
3. Maintain a soft gaze or gently focus on a symbolic object or image.

### 4. Expect and Receive Visions

Expectation is key:

1. Stay open and receptive without forcing the visions to appear.
2. Trust that God will reveal what you need to see at the right time.

### 5. Interpret What You See

Once a vision or impression occurs:

1. Seek confirmation through Scripture or wise counsel.
2. Ask the Holy Spirit for understanding and clarity.

## Common Types of Spiritual Sight

### Visions

Visions are clear, tangible images or scenes seen in the mind's eye or physically. They often come during prayer or worship and can be symbolic or literal.

## **Impressions**

Spiritual impressions are subtle nudges or feelings that convey divine messages. They may not be visual but can be sensed spiritually.

## **Dreams**

Many see in the spirit through prophetic dreams that reveal divine truths or future events.

## **Open visions and trance states**

These are more intense experiences where the person is temporarily transported into the spiritual realm, often during deep prayer or fasting.

## **Overcoming Challenges in Seeing in the Spirit**

### **1. Doubt and Distraction**

Doubt can hinder spiritual perception. To overcome:

1. Renew your mind with Scripture.
2. Practice faith-based affirmations.
3. Stay consistent in prayer and meditation.

### **2. Spiritual Fatigue**

Tiredness affects spiritual sensitivity:

1. Prioritize rest and healthy living.
2. Limit distractions during prayer times.

### **3. Fear or Anxiety**

Fear can block divine encounters:

1. Remind yourself of God's perfect love (1 John 4:18).
2. Declare scriptures of courage and protection.

## **Maintaining and Growing Your Spiritual Sight**

### **1. Regularly Seek God**

Consistent seeking and fasting sharpen your spiritual senses:

1. Set aside daily or weekly times for fasting and prayer.
2. Attend spiritual retreats or conferences focused on divine encounters.

### **2. Stay Humble and Receptive**

Humility opens the door for divine revelation:

1. Acknowledge your dependence on God.

2. Be teachable and open to correction.

### 3. Serve Others

Serving others in love can increase your spiritual sensitivity and open your eyes to divine purposes.

## Conclusion: Embracing Your Spiritual Vision

Learning how to see in the spirit, as taught by Michael Van Vlymen, is a journey of faith, discipline, and reliance on the Holy Spirit. It involves cultivating a deep relationship with God, practicing spiritual disciplines, and trusting in His timing. As you develop your spiritual senses, you will begin to experience divine visions, impressions, and insights that can transform your life and ministry. Remember, seeing in the spirit is not just for a select few but is a gift available to all who earnestly seek God and are willing to grow in their spiritual maturity. Embrace this divine ability with humility and expectancy, and watch as your spiritual eyes are opened to realms beyond the physical, revealing God's glory and purpose for your life.

How to See in the Spirit by Michael Van Vlymen is a transformative guide that has gained significant attention within Christian circles for its practical approach to developing spiritual sight. As believers seek deeper intimacy with God and a greater understanding of the spiritual realm, Van Vlymen's teachings offer valuable insights and methods to cultivate what is often called "seeing in the spirit." This comprehensive review explores the core concepts, structure, and effectiveness of the book, providing potential readers with a detailed understanding of its contributions to spiritual growth.

## Overview of "How to See in the Spirit"

Michael Van Vlymen's book serves as both a manual and a spiritual coaching tool aimed at believers eager to develop their spiritual senses. The book is rooted in biblical principles and personal testimonies, making it accessible for both new and seasoned Christians. Its primary focus is on helping believers access the spiritual realm more consciously and accurately, enhancing their capacity for divine guidance, prophecy, and spiritual perception.

## Core Concepts and Themes

### Understanding the Spiritual Realm

Van Vlymen emphasizes that the spiritual realm is a reality that believers can access through faith and practice. He explains that seeing in the spirit is not reserved for a select few but is available to all who desire it and are willing to cultivate their spiritual senses. Features: - Biblical foundations for spiritual sight - Differentiation between natural and spiritual perception - The importance of faith in accessing the unseen Pros: - Clear biblical backing - Encourages a universal approach to spiritual development Cons: - Some may find the concepts abstract without practical application

### Developing Spiritual Senses

The book delves into the five senses—sight, hearing, smell, taste, and touch—and how these can be spiritually activated. Van Vlymen focuses primarily on spiritual sight but recognizes the importance of multisensory engagement in the spiritual realm. Features: - Practical exercises to sharpen spiritual senses - Biblical examples of spiritual perception - Step-by-step methods to enhance spiritual awareness Pros: - Practical and actionable steps - Emphasis on experiential learning Cons: - Requires consistent practice and patience

## Practical Steps to See in the Spirit

One of the most valuable sections of Van Vlymen's book is its detailed methodology for developing spiritual sight. The steps are designed to be accessible to believers at all levels.

## 1. Cultivate a Desire and Expectation

Van Vlymen stresses that spiritual sight begins with a sincere desire and faith that it is possible. Expectation plays a vital role in manifesting spiritual visions.

## 2. Create an Environment of Faith

A quiet, focused environment free from distractions helps believers tune into the spiritual realm. Faith-filled atmosphere enhances spiritual receptivity.

## 3. Practice Meditation and Stillness

Meditative prayer and stillness are emphasized as ways to quiet the natural mind and open the spiritual eye.

## 4. Use Biblical Visualizations

Van Vlymen recommends visualizing biblical scenes or divine encounters to train the mind to perceive the spiritual.

## 5. Engage in Spiritual Exercises

Exercises such as journaling visions, praying with expectancy, and practicing prophetic words help reinforce spiritual sight.

Features of the Practice: - Daily routines to nurture spiritual perception - Journaling to track spiritual visions - Partnering with others for confirmation and encouragement Pros: - Practical and easy to incorporate into daily life - Encourages consistency and discipline

Cons: - Requires time commitment - Needs faith to sustain the process

## Common Challenges and How to Overcome Them

Many believers encounter obstacles when trying to see in the spirit. Van Vlymen addresses these challenges candidly. Challenges:

- Doubt and skepticism - Distractions and natural fatigue - Lack of clarity or visions Strategies to Overcome: - Renewing the mind with scripture - Persisting in practice despite doubts - Seeking community support - Maintaining a pure heart and humility

## Testimonies and Personal Experiences

Throughout the book, Van Vlymen shares testimonies from individuals who have successfully developed their spiritual sight. These stories serve as encouragement and proof that the principles work. Features:

- Real-life stories of divine visions and encounters - Lessons learned from spiritual journeys - Inspiration for readers to persevere Pros:

- Builds faith and motivation - Demonstrates the practical application of teachings Cons: - Personal experiences vary; not everyone may have similar visions

## Strengths of the Book

- Biblically grounded: The book consistently references scripture, ensuring that teachings align with biblical principles. - Practical approach: Clear exercises and steps make spiritual development accessible. - Encouraging tone: Van Vlymen's personal testimonies and positive outlook inspire confidence. - Comprehensive coverage: Covers both theory and practice, addressing common questions and doubts.

## Weaknesses and Limitations

- Requires perseverance: Developing spiritual sight is a process that demands patience and dedication. - Subjectivity of visions: Not all visions or impressions are easily interpretable, which can lead to confusion. - Potential for misinterpretation: Without proper discernment, there is a risk of misreading spiritual signals.

# Who Should Read This Book?

- Christians seeking to deepen their spiritual walk - Those interested in prophecy and divine guidance - New believers eager to explore spiritual realities - Mature believers wanting to sharpen their spiritual senses

## Conclusion

How to See in the Spirit by Michael Van Vlymen offers a thorough, biblically based roadmap for believers who desire to access the unseen realm more consciously. Its emphasis on practical steps, combined with biblical foundations and personal testimonies, makes it a valuable resource for spiritual growth. While developing spiritual sight requires patience and persistence, Van Vlymen's teachings empower believers to cultivate their spiritual senses confidently and responsibly. Whether you are just beginning your journey or seeking to deepen your existing spiritual experiences, this book provides valuable insights and tools to see in the spirit and embrace the fullness of divine encounters. Final Verdict: A highly recommended resource for anyone serious about cultivating spiritual perception and experiencing God's realm more vividly. Its balance of theory, practice, and encouragement makes it a noteworthy addition to any spiritual library.

## Questions & Answers About how to see in the spirit by michael van vlymen

| No | Question                                                                                           | Answer                                                                                                                                                                                               |
|----|----------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1  | What is the primary message of Michael Van Vlymen's teaching on seeing in the spirit?              | Michael Van Vlymen emphasizes that seeing in the spirit is a spiritual gift available to all believers, enabling them to perceive the spiritual realm and gain divine insight beyond natural senses. |
| 2  | How can I develop my ability to see in the spirit according to Michael Van Vlymen?                 | He recommends practices such as prayer, fasting, meditating on God's Word, cultivating sensitivity to the Holy Spirit, and practicing spiritual awareness to sharpen your spiritual vision.          |
| 3  | Are there biblical examples of seeing in the spirit mentioned by Michael Van Vlymen?               | Yes, he references biblical accounts like the visions of Ezekiel, John's Revelation, and Saul's encounter on the road to Damascus as examples of seeing in the spirit.                               |
| 4  | What role does faith play in seeing in the spirit according to Michael Van Vlymen?                 | Faith is essential; believing that it is possible to see in the spirit opens the believer's spiritual eyes and allows the Holy Spirit to reveal divine truths and visions.                           |
| 5  | Can anyone learn to see in the spirit, based on Michael Van Vlymen's teachings?                    | Yes, he teaches that seeing in the spirit is a gift that can be cultivated through spiritual discipline, openness, and a desire to connect with God's supernatural realm.                            |
| 6  | What practical steps does Michael Van Vlymen recommend for beginners wanting to see in the spirit? | He suggests starting with prayer and worship, asking the Holy Spirit for guidance, practicing mindfulness of the spiritual realm, and trusting God for divine revelation in everyday life.           |

spiritual vision, seeing in the spirit, Michael Van Vlymen teachings, spiritual discernment, divine revelation, prophetic vision, spiritual awakening, supernatural sight, spiritual growth, Holy Spirit guidance